

Welcome! Thank you for choosing Bringing Hope Counseling (BHC). BHC has a great passion for living life to the fullest and a strong desire to support you in gaining a healthier and more hope-filled life.

INITIAL APPOINTMENT: The following paperwork MUST be filled out prior to your appointment.

APPOINTMENTS

Based on your treatment goals, you will be attending outpatient services with a qualified therapist. These appointments are 30 – 60 minutes in length. The duration and frequency of your appointments will be reflective of your individualized need. If you are more than 15 minutes late for ANY appointment you may be asked to reschedule your appointment as providers are typically scheduled with appointments ALL DAY and cannot delay the treatment of other clients.

NO SHOW/CANCELLATION POLICY

Due to our availability, it is important to keep your appointments with your provider. We do understand life is often busy and other obligations come up. For commercial insurance clients: Our policy allows for ONE NO-SHOW appointment per calendar year. However, after the second No Show appointment (does not have to be consecutive), there is a \$25 fee that is to be paid prior to the next appointment. For Medicaid clients: you will be allowed to reschedule after the first No-Show. However, after the second No-Show you will have to call in each day to see if there are available slots for that day. We request at least 24 hour notice for cancellations. After 60 days of inactivity, you will receive a closure letter letting you know that your chart will be closed unless you decide to re-engage in counseling within 14 days of the closure letter.

BILLING AND PAYMENT REQUIREMENTS

BHC accepts payments from many commercial insurance companies. It is your responsibility to pay any amount not covered by your insurance company. Cash rates are also available which may be paid by cash, check or credit card. There will be a \$25 fee for all returned checks. If more than one check is returned, all future payments MUST be made by cash, credit card, or money order. Please note that there may be other services that you require/request that are not covered by insurance and will be your responsibility to pay. These may include, but are not limited to - records request, report writing, letter writing, court appearances, etc. (Charge sheet attached.)

RISKS/BENEFITS TO THERAPY

Therapy can cause feelings to be surfaced that may have been repressed for a long time. This can often be painful and challenging. The therapist will support you through this and provide you with skills to learn to cope with these feelings. Often times, things may get worse before they get better. The reason for this pattern is as we begin to deal and address painful areas in our life, difficult feelings are experienced. It may feel like these areas are best left unaddressed. However, the benefits of therapy and addressing these issues are greater in the end. To learn to face these challenges, gives you strength and frees you to engage in your own life in an "awakened" state versus feeling "numb".



Client's Rights

- 1. I have the right to decide not to enter therapy with Bringing Hope Counseling (BHC). If I wish names of other therapists will be provided.
- 2. I have the right to end therapy at any time. The only thing I will have to do is to pay for any treatments I have already had. I may, of course, have problems with other people or agencies if I end therapy for example if I were sent to therapy by the courts.
- 3. I have the right to ask any questions, at any time, about what we do during therapy and to receive answers that satisfy me. If I wish, each method will be explained to me.
- 4. I have the right not to allow the use of any therapy technique. Upon my request the benefits and risk of each technique will be shared.
- 5. I have the right to keep what I tell staff private. Generally, no one will learn of our work without my written permission. There are some situations to which BHC is required by law to reveal some of the things I report, even without my permission, and if BHC does reveal these things BHC is not required by law to tell me that it was done so. Here are some of these situations:
 - a. If I seriously threaten to harm another person, BHC must warn that person and the authorities.
 - b. If a court orders BHC to testify about me, BHC must do so.
 - c. If BHC is testing or treating me under a court order, BHC must report finding to the court.
 - d. If I threaten to harm myself, BHC must contact the proper authorities or family member to protect client.
- 6. I have the right to review my records in my file at any time, upon written request. If I disagree with anything documented in my records, I have the right to amend (not delete) my records.
- 7. Minors and parents: Patients under 18 years of age who are not emancipated and their parents should be aware that the law may allow parents to examine their child's treatment records. Because privacy in psychotherapy is often crucial to successful progress, particularly with teenagers, it is sometimes my policy to request an agreement from parents that they consent to give up their access to their child's records. If they agree, during treatment, your therapist will provide them with only general information about the progress of the child's treatment, and his/her attendance at scheduled sessions. Your therapist will also provide parents with a summary of their child's treatment when it is complete. Any other communication will require the child's authorization, unless your therapist feels that the child is in danger or a danger to someone else. In which case, your therapist will discuss the matter with the child, if possible, and do his/her best to handle any objections he/she may have.



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Staff Signature

CONSENT TO TREAT & CLIENT ORIENTATION

(Please initial beside each space.) We/I agree to allow Bringing Hope Counseling (BHC) to provide services to myself/our family. We/I understand that we/I may choose another provider for this service and we/I have freely chosen to work with BHC. The goals of therapy have been/will be explained and we/I will participate in developing a treatment plan, which will identify goals that we/I will work towards, including specific time frames and objectives needed to accomplish the goals. We/I understand that purpose for and have completed the following or received the following information: ____ Client Rights HIPPA ____ Client Orientation _ Financial Contract/Payment Agreement _____ Release of information Client/Guardian's Signature Date

Date



Privacy Notice (HIPPA) Acknowledgement

I understand that, under the Health Insurance Portability and Accountability Act of 1996 (HIPPA), I have certain rights to privacy regarding my protected health information maintained here at Bringing Hope Counseling (BHC). I understand that this information can and will be used to:

- 1. Conduct, plan, and direct my treatment and follow up with the multiple healthcare providers who may be involved in that treatment directly or indirectly.
- 2. Obtain payment from third party payers.
- 3. Conduct normal healthcare operations, such as quality assessments and physician certifications.

I have been informed by BHC of my right to privacy and obtained a copy of the Privacy Notice which contains a more complete description of the possible uses and disclosure of my health information. I was given the right to review the Privacy Notice prior to signing this consent form. I understand that BHC has the right to change its Privacy Notice at any time and that I may contact the organization at any time in order to obtain a current copy of the Privacy Notice.

I also understand that if I need more or have questions, I may contact BHC at the number listed on the Privacy Notice.

I understand that I may request in writing that BHC restrict how my private information is used or disclosed to carry out treatment, payment, or healthcare operations. I also understand that BHC is not required to agree to my requested restrictions, but if BHC agrees to my restrictions, then the organization is bound to abide by such restrictions.

I understand that I may revoke this consent in writing at any time, except to the extent that BHC has taken action relying on this content.

| | _ |
|-----------------------------|------|
| Client/Guardian's Signature | Date |
| | |
| Staff Signature | Date |

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AUTHORIZATION FOR RELEASE OF PROTECTED HEALTH INFORMATION INDIVIDUAL/AGENCY

| Client Name: | DOB: | | | | | |
|---|--|--|--|--|--|--|
| Address: | | | | | | |
| | | | | | | |
| I, the undersigned, hereby authorize a two-way information between Bringing Hope Counseling | authorization for the release of the following (BHC) and the individual/agency(ies) indicated. | | | | | |
| Information to be released (check all that apply |): | | | | | |
| Master Treatment Plan Medical Records Written/Verbal Communication Other | | | | | | |
| Name and address of Individual/Agency you wi | sh to authorize information to: | | | | | |
| 1 | | | | | | |
| 2 | | | | | | |
| | | | | | | |
| 3 | | | | | | |
| I understand that this authorization/release wi | | | | | | |
| o For 180 days | | | | | | |
| o Until(Specify | Date) | | | | | |
| | | | | | | |
| Client Signature | Date | | | | | |
| Printed Name | Witness/Date | | | | | |
| Signature of legal guardian/Relationship | Date | | | | | |



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Medication Record

| Name: |
|-------|
| Name: |

| Date | Medication | Dose Given | Frequency (i.e. 2x a day) | Time | AM |
|------|------------|---------------|---------------------------------|------|----|
| | | | | | PM |
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PATIENT REGISTRATION AND FINANCIAL AGREEMENT

| Name: | Date of Birth: | | | |
|---|--|---|---|--|
| (First) (Middle Initial) | (Last) | | | |
| Address: | City: | State | Zip: | |
| Phone: | May we leave a messag | e at this number? Y or | N | |
| Email: | _ Social Security Number | er: | Sex: M or F | |
| Employer: | Employer phone: | | | |
| Emergency Contact: | | Phone: | | |
| Financial/Insurance Information: Ple driver's license. The following information: | | | | |
| Primary Insurance: | Policy Ho | lder's Name: | | |
| Date of Birth: | ID # and | 1 Group #: | | |
| Secondary Insurance: | Policy Ho | older's Name: | | |
| Date of Birth: | Social Se | curity Number: | | |
| I authorize the release of any medical in Counseling (BHC) to apply for benefits be made directly to BHC. I permit a co or I may revoke this authorization at an | for services rendered by py of the authorization | them. I request that p to be used in place of the | payment from my insurance compan ne original. My insurance company | |
| I am responsible for all copays/corendered, as well as deductible ar responsible for these balances as to collect any delinquent balance court fees incurred by BHC for that 1.5% interest is assessed on | mounts. If, for some well. If further active due on my account | e reason, insurance on ever becomes no , I agree to pay for and all balances due | denies my claims, I am ecessary and is taken in order all collection, attorney, and | |
| By signing below, I acknowledge: insurance, as well as my financia responsible for any outstanding below. | I have read and un l responsibilities, in | derstand the preced | | |
| Signature: | - | | | |
| Witness: | | Date: | | |